

## WALLAWANI AND WELCOME

Thank you for your interest in FLING Physical Theatre's youth company programs. We hope this audition pack gives you all the information you need to make an informed decision about whether our youth companies are a good fit for you and your young person.

FLING's Youth Companies are at the heart of our organisation, offering regional youth in the Bega Valley the opportunity to work alongside visiting and local professional artists to create original contemporary performance work.

While our Community Classes are an opportunity to learn skills, technique and experience performance, our Youth Companies offer greater opportunities to be actively engaged in the whole making process. They offer further performance experiences and platform the development of a creative voice in your young person.

FLING values a space that is respectful, to nurture bravery in every young artist - using joyful, kinaesthetic learning as a supportive environment to try new things.

At FLING we provide space for young people to explore and express their creativity while developing skills in movement and performance, creative thinking, problem solving and teamwork. These experiences build confidence, commitment and resilience. They support physical health, mental health and wellbeing, and can provide pathways to professional careers in the arts.

FLING projects are diverse in content and style, providing a broad range of high quality arts experiences, inspiring and engaging our community as performers, makers and audience. We give voice to regional perspectives, creating culturally ambitious work that is relevant beyond our regional context.

We have a range of youth company offerings, including the FLING Company, for young people aged 14 to 18 yrs, FLUX Creators for 11 to 14 yrs, and YFLING for 7 to 10 yrs.

FLING respectfully acknowledges the traditional owners of the land on which we live, dance and create. The Djiringanj people whose custodianship has never been ceded and continues to guide and support our connection to country today. We pay our respect to elders past, present and emerging.



## YFLING COMPANY AGES 7 TO 10 YEARS

The YFLING Company is the foundation level of FLING's company programs, for ages 7 to 10 years.

You don't need any experience to join YFLING, just an interest in movement, performance and creativity. YFLING train in contemporary dance techniques and explore creative tasks to develop group trust, build new skills and integrate these discoveries into performance projects.

YFLING Company work in a supportive environment, with every company member playing an important role in the work we do together. Weekly training sessions build skills drawing on contemporary dance, ballet, improvisation, gymnastics and performance training.

These skills support the process of developing a full length original production to be performed within the year.

### REGULAR WEEKLY TRAINING DURING SCHOOL TERMS

**WED 3:40-4:40pm\***

**SAT 10:00 - 11:00am\***

\*Times may vary and are project dependant

### SCHOOL HOLIDAY INTENSIVE

**2-4 OCTOBER**

**10am-3pm**



## FLUX CREATORS AGES 11 TO 14 YEARS

FLUX Creators is our mid-level youth performance company, for young people aged 11 to 14 years.

Young people who love moving, performing, creating and have ambition to join the senior FLING Company may be well suited to FLUX Creators.

Members of FLUX Creators will build on their training in YFLING (or other creative/performance projects), solidifying these skills plus gaining new learning in performance making.

FLUX Creators will learn contemporary dance technique, improvisation, choreography, performance, explore acting & vocal work, make awesome performances and have opportunities to train with the FLING Company.

FLUX Creators will contribute to the development of a full length original performance work alongside YFLING. FLUX will be involved in the whole creative process, from thematic development to production design. There are other opportunities throughout the year to share our developing performance skills.

### REGULAR WEEKLY TRAINING DURING SCHOOL TERMS

**WED 4:40-5:40pm\***

**SAT 11:00 - 1:00pm\***

**\*Times may vary and are project dependant**

### SCHOOL HOLIDAY INTENSIVE

**2-4 OCTOBER**

**10am-3pm**



## HOW YOU CAN BE A VALUABLE COMPANY MEMBER

Being a Company Member means working collaboratively with FLING staff, visiting artists and your co-company members. To do this successfully we ask our company members and their families to **say YES!** to a few simple things:

- Commit to training and rehearsals. Each individual MATTERS and when members turn up sporadically, our creative process becomes difficult - it's so much better when we are all together!
- Bring your best selves - this means being ready to focus, to contribute, to work hard, be ready to try new things and tap into your inquisitive minds
- Arrive calmly and on time
- Be mindful of how your energy impacts others - the FLING Team is committed to holding a safe & welcoming space for all Company members.
- Bring everything you need - water bottle, hair ties, food, journal, jumper and/ or layers (we may fluctuate in temperature throughout our sessions)

Families, we understand there are times when you cannot attend - we would appreciate hearing from you and notice is given via text or email.

**Beth - Creative Director**  
**[beth@flingphysicaltheatre.com.au](mailto:beth@flingphysicaltheatre.com.au)**  
**0431 905 873**

## ANNUAL FEES

In choosing to audition for our YFLING or FLUX Creators Companies, you understand there is a financial commitment.

These Annual Fees cover all costs associated with the YFLING or FLUX Creators Company programs, this includes all weekly training sessions and holiday intensive, production costs, costumes and props.

Our Company Program fees are partially subsidised by FLING's annual program funding from Create NSW.

The Annual Fee can be paid via instalments or as a single payment.

FLING can also accept Service NSW Vouchers including Creative Kids, Active Kids. To apply for these please go to [www.servicensw.com.au](http://www.servicensw.com.au)

**YFLING Annual Fee is \$1,000** - There are no additional charges for holiday intensives, additional rehearsals, production, costumes or props.

**FLUX Creative Annual Fee is \$1,100** - There are no additional charges for holiday intensives, additional rehearsals, production, costumes or props.

Please note that there are no refunds available for partial completion of the annual program.

If you require a payment plan or you are experiencing extenuating financial circumstances, please contact Anne our Production Coordinator on [accounts@flingphysicaltheatre.com.au](mailto:accounts@flingphysicaltheatre.com.au)

Members of our Company Programs receive a 20% discount off Term fees for additional classes in our Community Engagement Program. It's a great way to enhance your young persons skill development. Check out our timetable on our website.

## THE AUDITION PROCESS

Here at FLING Physical Theatre, we believe passionately in the audition process. Auditions are fabulous practice for our young performing artists and the audition process is aligned with the level of commitment we would like to see from our company members.

However, we do not wish for this process to feel stressful or overwhelming.

Our auditions are run in the format of a group workshop, replicating the tone of a company rehearsal. The purpose of the audition is to gauge your young persons readiness for company participation, and for your young person to gauge if our companies are the right fit for them.

Some things we look for in an audition workshop are:

- An ability to take direction
- An ability to focus and support others to focus
- A willingness to participate
- A willingness to try new things and take risks
- An openness to collaborate with peers in creative tasks
- An inquisitive mind and readiness to contribute

Whilst ability can be a wonderful asset, we equally value a commitment to each other, to the values of FLING and a culture of inclusivity.

Please note that existing company members are expected to audition each year with the intention of recommitting for the duration of the new calendar year.

Company numbers may also be capped.



## AUDITION DETAILS

**WEDNESDAY 7TH FEBRUARY 2024 @ FLING STUDIO**

### **YFLING**

AUDITION 3:45pm - 4:45pm

YFLING FAMILY INFORMATION SESSION 4:45pm - 5pm

### **FLUX CREATORS**

AUDITION 5pm - 6pm

FLUX FAMILY INFORMATION SESSION 6pm - 6:15pm

If you wish to audition for YFLING or FLUX CREATORS please head to our website and complete the Expression of Interest form.

[www.flingphysicaltheatre.com.au/youth-companies](http://www.flingphysicaltheatre.com.au/youth-companies)



**COMPLETE THE FORM HERE**



## FLING PHYSICAL THEATRE 2024 PROGRAM

**EPHEMERAL FESTIVAL  
THAUA COUNTRY - PANBOOLA**

YFLING and FLUX Creators will perform a new original work in the stunning Panboola Wetlands as part of the 2024 Ephemeral Festival. This unique commission sees FLING's young companies create a site responsive work performed to the festival audience all around them. This is a day time event and is free to the public.

**Creative Development: Term 1, 2024  
Presentation: Saturday 13th April**

**FLING COMMUNITY CONCERT  
BEGA VALLEY COMMEMORATIVE CIVIC CENTRE  
DJIRINGANJ COUNTRY - BEGA**

YFLING, FLUX Creators and our FLING Company will perform with our Community Program participants, in the exciting FLING Community Concert

**Creative Development: Term 1 and Term 2 2024  
Dress Rehearsal: Sat 15 June  
Full Cast Run Through: Sat 22 June  
Preview: Wed 26 June  
Presentation: Thurs 27, Fri 28, Sat 29 June**



Image Credit: Beth Lane



## FLING PHYSICAL THEATRE 2024 PROGRAM CONTINUED

### YFLING & FLUX CREATORS ORIGINAL SHOW DJIRINGANJ COUNTRY - BEGA

YFLING & FLUX Creators will be working with Creative Director Beth Lane to develop a new original performance. This process will cover 2-3 Terms and will include a school holiday intensive. This is a rich development process where participants are nurtured as young artists, working in collaboration with FLING staff and tutors to develop choreography and bring this original performance to life.

**Creative Development Periods: Term 3 - 4**

**School Holiday Creative Development: 2 - 4 October 2024**

**PERFORMANCE OUTCOME Early December 2024 (dates TBC)**



Image Credit: Rob McCredie

**Gabby - Executive Director**  
[gabby@flingphysicaltheatre.com.au](mailto:gabby@flingphysicaltheatre.com.au)

**Beth - Creative Director**  
[beth@flingphysicaltheatre.com.au](mailto:beth@flingphysicaltheatre.com.au)

**Anne - Production/ Operations Manager**  
[accounts@flingphysicaltheatre.com.au](mailto:accounts@flingphysicaltheatre.com.au)

**OFFICE PHONE: 02 6492 0178**